



-  Bike path
-  European road
-  County road
-  Railway



**TRANSILVANIA®
BIKE TRAILS**

VISITING THE TÂRNAVIA MARE AREA

THINGS TO DO
Târnavia Mare offers the best opportunity to see an authentic European landscape still alive and working - rich cultural and natural heritage in harmony. There are many ways you can explore the area and its richness, and meet local food and craft producers. Of the following you can arrange to do with the Tourist Information Centre/Târnavia Mare Tourist Association (contact details below):

- **Nature walks** - specialist guides are available, especially to see the outstanding birds, butterflies and wildflowers of the area.
- **Walks or horse and cart rides** through woods and meadows (seasonal) can be combined with picnic lunches or BBQs (weather permitting).
- **Walking and cycling routes** have been established from village to village throughout the area, both long and short distances. There are numerous lakes for hire and guides are available.

- **Traditional agriculture** - throughout the summer you can see the cows milking, horses in villages, horses for milking and mowing, weavers hand spinning and hat making in the workshops, customs, and sampling their small craft products with horses.
- **Traditional food producers** - in the hills we discover local cooking, their sheep and milking, cheese, in the villages we traditional bread making in the ovens, plus locally produced honey, jams, liqueurs, beer and wine, the different types of local honey and jam for which the area is now famous.
- **Traditional crafts** - we discover lacemaking, woodcarving, hand spinning, weaving on hand looms and embroidery in cotton.
- **Food and drink** available can help fully to highlight the history and heritage of the Târnavia Mare. It offers a delicious food and general market every Friday.
- **Fine wine and beer** - when it comes to drink (organic, new, wine, locally brewed, fruit) has been produced in and around the village and served by your hosts.
- **Workshops** in a farm settlement to get under the surface and learn about the area, while helping support local farmers' incomes. You can find a farm, gardeners to see your requirements, from the simple to the relatively luxurious.

We recommend that you get advice and an leaf guide for longer walks, since they can provide expert knowledge of the area, flora and fauna, as well as help that with the weather. Please ring the great hill story line. If you are walking/cycling long distances, luggage transfer between villages can be arranged.

PLACES TO STAY
There is an excellent and growing range of places to stay in the Târnavia Mare area, from the more conventional comfort of hotels in Sighișoara, to Saxon farmhouses in the villages, to youth hotels.

FOR FURTHER INFORMATION ABOUT THE TÂRNAVIA MARE AREA, THE BIKE TRAILS, ACCOMMODATION, AND TO BOOK VISITS, WORKSHOPS, EXPERIENCES AND MORE, PLEASE CONTACT:

Saschiz Tourist Information Centre/Târnavia Mare Tourist Association
Piața Școala 10, Str. Principala nr. 156, Saschiz, Tel.: 0365 711426, 0756 438794, Fax: 0365 814075, E-mail: info@tarnaviamare.ro, www.tarnaviamare.ro, www.tbt.ro

The Târnavia Mare area has been chosen as part of the EU's Natura 2000 network, which protects Europe's most important species and habitats. The historic landscape of the Târnavia Mare area is especially important for its abundant wildflower-rich hay meadows and pastures, oak and hornbeam forests and other habitats, which have disappeared over most of Europe. The landscape is home to many species of flowers, insects, birds and mammals that are rare in much of Europe today. The people of the area are working together to protect this biodiversity, and use it to promote local prosperity.



1. *Trigonotis (Pterodroma vulgaris)* is one of the many attractive common wildflowers of wild meadows. 2. *Cheremesa Puh (Sideritis verticillata)* 3. *Vidua palustris (Sideritis verticillata)* 4. *Vidua palustris (Sideritis verticillata)* 5. *Vidua palustris (Sideritis verticillata)* 6. *Vidua palustris (Sideritis verticillata)* 7. *Vidua palustris (Sideritis verticillata)* 8. *Vidua palustris (Sideritis verticillata)* 9. *Vidua palustris (Sideritis verticillata)* 10. *Vidua palustris (Sideritis verticillata)* 11. *Vidua palustris (Sideritis verticillata)* 12. *Vidua palustris (Sideritis verticillata)* 13. *Vidua palustris (Sideritis verticillata)* 14. *Vidua palustris (Sideritis verticillata)*